

# Mark D. Dollard, D.P.M., D.A.B.P.S., F.A.C.F.A.S.

- Address:** Loudoun Foot & Ankle Center, 46440 Benedict Dr, #111, Sterling, VA 20164  
(703) 444-9555, (703) 444-1190 fax, mdollard@erols.com
- Professional Title:** Doctor of Podiatric Medicine (D.P.M.)
- Professional Positions:** National Scientific Chairman, American Podiatric Medical Association, 2003  
Presidential Appointee, APMA House of Delegates, Resolutions Committee '03, '04, '05, '06, '07, '08  
Member, APMA National Podiatric Medicare CAC Committee 1997-2008  
Vice Chairman, ACFAS, House of Counselors 2001-2006  
Member, Board of Directors, Virginia Podiatric Medical Association 1992-2008  
National APMA Delegate, Virginia, American Podiatric Medical Association, House of Delegates  
Scientific Chairman, Mid-Atlantic Podiatric Medical Association '94, '98, '01, '02, '04, thru, '08  
Executive Director, Mid-Atlantic Podiatric Medical Association, APMA Region Eight 1999-2008  
Meeting Chairman, Mid-Atlantic Podiatry Conference, '90, '94, '98, '99, '00, '01, '02, '04, '05, '06, '07, '08  
President, Division Eleven, American College of Foot and Ankle Surgeon, 2001-2006  
National Member, House of Councilors, American College of Foot & Ankle Surgeons 1995-2006  
Past President, Northern Virginia Podiatric Medical Association, 1994-1998  
Past Board Member, Council of Teaching Hospital, 1994 - 1996  
Podiatry Representative Medicare Carrier Advisory Council, Metro Washington Region 1996-2008  
Past Podiatric Liaison, President's Council on Physical Fitness and Sports, APMA, AAPSM
- Faculty Appointments:** Clinical Instructor, Dept. of Orthopedic Surgery, Georgetown University Medical School, appointment, 1986 to present  
Residency Instructor, INOVA Fairfax Podiatric Residency Program, present  
Clinical Adjunct Faculty, Temple University, School of Podiatric Medicine, present
- Hospital Affiliations:** 1) INOVA Loudoun Hospital Center, 2) HCA Reston Hospital Center, 3) INOVA Fair Oaks Hospital 4) INOVA Fairfax Hospital, 5) Georgetown University Hospital
- Hospital Positions:** Founding Podiatry Section Chief, Reston Hospital Center, 1992-1996  
Past Member, Loudoun Hospital Surgical Services Committee  
Past Member, Reston Hospital Infectious Disease Committee  
Past Member, Loudoun Hospital, Diabetes Management Committee  
Medical Advisory Board, Countryside Ambulatory Surgery Center, Sterling VA 1990-1998
- Affiliated Positions:** Past Board of Directors, National Alliance of Youth Sports, West Palm Beach, FL 1987-2003  
Past -National Chairman, Sportsmedicine Committee, Amateur Athletic Union/USA. 1994-96  
Past President, Potomac Valley Association, AAU, Washington DC  
Past Delegate, National Congress of State Games  
Past Advisor, Mr. & Ms. America Bodybuilding Committee, The International Amateur Aerobics Federation, U.S Olympic Committee Convention Committee 1987  
Chief Medical Protocol Officer, AAU Jr. Olympic Games 1995, 1996  
Past Board Member, the Capital Games, the Official State Games of Washington D.C.  
Past Delegate, General Association of International Sports Federations, Monaco, '88, '89, '90, '91
- Professional Chronology:** Private Practice 1983- present  
Loudoun Foot & Ankle Center, Offices: Sterling VA, Falls Church VA  
Practice Mission: Providing general medical and surgical Podiatric care for disorders of the foot and ankle.
- Residency Training:** Atlanta Hospital & Medical Center, 705 Juniper St, Atlanta, GA  
Years 1981-1983: Podiatric Surgical Residency (PSR 2+)  
Advanced medical and surgical reconstruction training in forefoot, rearfoot, ankle, and leg pathology. Special rotations in Pediatric surgery - Baja Cripple Children's Project and Traumatology- 82nd Airborne School, Martin's Army Hospital, Fort Benning, GA

**Education:** Illinois College of Podiatric Medicine, (ICPM) 1977-1981, Chicago, IL  
 Degree: **DPM**, Doctor of Podiatric Medicine, 1981; Positions: President (ICPM) Student Body 1980

University of Illinois, Graduate School of Public Health, Chicago, 1977-79  
 Masters Candidate in Public Health Degree Program (MPH)  
 Completion of requisite curriculum course work, research and internship criteria in co-op program with ICPM, funded by US Dept of Health and Human Services

Colgate University, Hamilton, NY , 1973-77  
 Degree: **B.A.** Biology  
 Activities: Varsity Baseball, Football, and Delta Upsilon Fraternity

**Certification:** **Board Certified**, Foot & Ankle Surgery, **American Board of Podiatric Surgery**, 1988, 1998  
 Basic Cardiac Life Support, 1997, Advance Cardiac Life Support, 1983

**Professional Affiliations:** **Fellow**, American Colleges of Foot & Ankle Surgeons, present  
**Fellow**, American Academy of Podiatric Sports Medicine, present  
**Diplomat**, American Board of Podiatric Surgery, present  
**Member**, Virginia Podiatric Medical Association, present  
**Member**, American Podiatric Medical Association, present  
**Past Member**, American Society for Bone and Mineral Research 2003-2005 (under renewal)

**Professional Licenses:** **Virginia**, Virginia State Board of Medicine, active, 00103000649  
**District of Columbia**, Commission on Professional Regulation, active PO349  
**Maryland**, current inactive license

**Professional Honors:** **Gold Award for Medical Writing**, 1985, *Journal of Foot Surgery*  
 “Selected Soft Tissue Malignancies of the Foot”  
**First Place**, Hershey Surgical Seminar, 1984,  
 “The Evan’s Calcaneal Osteotomy for Flexible Flatfoot Deformity”  
**Citation:** “1997 Mover’s and Shakers in Podiatric Sportsmedicine”  
*Podiatry Management Magazine*, 1997  
**President’s Award**, Outstanding Virginia Podiatrist 2005, Virginia Podiatric Medical Association  
**APMA Citation Award**, 2003 APMA National Scientific Chairman  
**Most Influential Podiatrists in America**, 2006, *Podiatry Management Magazine*

**Publications:** **Criteria for Major Tendon Transfers in Podiatric Surgery**, Gilman, D., Dollard, M. et al  
*Journal of Foot Surgery*, 1984  
**Flexor Tendon Transfers for Flexible Hammerdigit Syndrome**, Marcinko, D.,  
 Dollard, D., et al, *Journal American Podiatry Association*, 1984  
**The Evan’s Calcaneal Osteotomy for Flexible Flatfoot Syndrome**”, Dollard, D., et al  
*Journal of Foot Surgery*, 1984  
**Selected Soft Tissue Malignancies of the Foot**, Lazerson, A., Dollard, D., et al  
*Journal of Foot Surgery*, 1985  
**Physical and Mechanical Properties of Joints; The Pathomechanics of Articular  
 Cartilage Degeneration**, Marcinko, D., Dollard, D. *Journal of Foot Surgery*, 1986  
**Contributor:** “**The Silver Calcaneal Osteotomy for Flexible Flatfoot Syndrome**  
 Marcinko, D , et al *Journal of Foot Surgery*, 1984  
**Contributor:** **Conquering Athletic Injuries**, Taylor, P., Human Kinetics Publishing, Chicago, IL, 1988  
**Plyometric Ballistic Conditioning**, Dollard, M., *Jour of the Amer Aerobics & Fitness Assoc.*, 1985  
**Preconditioning Principles to Avoid Sports Injuries in Children and Adolescents**”, Dollard, M., Pontell,  
 D, Hallivas R., *Clinics In Podiatric Medicine and Surgery*, 23 (jan/2006) 191-207, John Labovitz DPM Editor,  
 Elsevier Publications  
**Sports Injuries in the Pediatric and Adolescent Foot and Ankle: Common Overuse and Acute  
 Presentation**, Pontell, D, Dollard, M., *Clinics in Podiatric Medicine and Surgery* 23 (2006)209-231  
**A Pertinent Primer on Current Orthobiologics**, Dollard, M, Et al. *Podiatry Today*, Sept. 2006

## **Major Seminar Presentations:**

### **Programs:**

**APMA National Scientific Meetings** 1988, 2003, 2004, 2005

- 1) Silver Calcaneal Ostotomy for Flatfoot Surgery 1988
- 2) Multiple Osteotomies for Flexible Flatfoot Repair, 2003, 2004
- 3) Advances in Bone Stimulation, 2004
- 4) Comorbid Medical Conditions and Medications that Delay Bone Healing 2005
- 5) Principles of Preconditioning to Avoid Lower Extremity Injury 2003
- 6) Morning Symposium, Accelerating Bone Healing, 2005

**Virginia Podiatric Medical Association** 1987, 1988, 2005, 2006, 2007

- 1) Osteotomies for Bunion surgical repair 1986
- 2) Surgical repair of Flexible Flatfoot Surgery, numerous times
- 3) Advances in Bone Stimulation, Cellular Triggers that Affect Bone Healing 2005, 2006
- 4) Co-Morbid Medical Conditions/Medications delaying bone healing 2007

**Mid-Atlantic Podiatry Conference Scientific Seminar**, APMA Region Eight 1988, 1994, 1996, 1999, 2000, 2002, 2004, 2005, 2006

- 1) Advances in Bone Stimulation
- 2) Multiple Osteotomies for Flexible Flatfoot Repair
- 3) Why Bones Don't Heal, Co-morbid Medical Conditions and Medications that Delay Healing

**Institute de Podologie**, Rome Italy, 2002, General Topics in Foot Surgery

**Superbones Conference**, Nassau Bahamas 2004, 2005

- 1) Advances in Bone Stimulation
- 2) Joint Fluid Replacement Therapy for Arthritic Joints

**National Alliance of Youth Sports**, Summit Conferences 1988-2000

- 1) Conditioning Principles for Youth Sports
- 2) Safety Standards in Youth Sports Programs

**American College of Foot and Ankle Orthopedic Medicine** 2005

- 1) Cellular Triggers of Bone Healing

**Georgia Podiatric Medical Association** Feb. 2005

- 1) Cellular Triggers of Bone Healing

**Northwest Podiatry Foundation**, Costa Rica, Jan 2005

- 1) Flatfoot Surgery with Multiple Osteotomies and Bone Grafting with Allografts
- 2) Advances in Bone Stimulation

**Toronto Podiatry Society**, Sept. 2005;

- 1) Cellular Triggers of Bone Healing and Remodeling

**Michigan Podiatric Medical Society** October, 2005

- 1) Secondary Osteoporosis- Delays in Bone Remodeling and Fracture Healing

**Shuffle Off to Buffalo Seminar**, Western NY Podiatric Medical Association Oct. 2005

- 1) Advances in Bone Stimulation
- 2) Multiple Osteotomies for Flexible Flatfoot surgery

**Hershey Goldfarb Scientific Conference**, Hershey Pennsylvania 1984, 2005

- 1) The Evan's Calcaneal Osteotomy for Flexible Flatfoot repair 1984
- 2) Co-morbid Medical Conditions and Medications that Delay Bone Healing 2005

**Inova Loudoun Hospital Center, CME Program** 10/4/06, Why Bone's Don't Heal, The co-morbid medical conditions and medications that delay bone healing

**Puerto Rico Podiatric Medical Society Scientific Conference** 8/2007

- 1) Cadaver Flatfoot Surgery Workshop, Course Instructor
- 2) Calcaneal Osteotomies in Foot Surgery
- 3) Applications of Bone Anchors in Foot and Ankle Surgery

**Mid-Atlantic Podiatry Conference** ,10/2007

- 1) Advances in Bone Stimulation-Accelerating the Healing process.
- 2) Why Bones Don't Heal-The Comorbid Conditions and Medications that Delay Bone Metabolism
- 3) 25 Years Experience in Flatfoot Reconstruction